

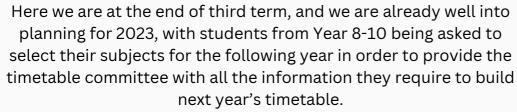
IN THE KNOW

Muswellbrook High School Newsletter

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Words from our Executive Team

DAN O'HARA - DEPUTY PRINCIPAL



As part of the subject selection process, students in Yr 8 and 11 have undertaken an Information Session at school, where they were informed of the subjects on offer in 2023 from the various subject Head Teachers.

With the relaxing of Covid restrictions we were able to get back to some normality with Yr 11 2023 and their parents/carers undertaking face to face interviews with key staff to discuss their choices for the HSC.

Students in Yr 8 and 10 completed their selections online, while students in Yr 9 completed theirs manually due to a change in the elective structure beginning next year. Yr 7 will chose their interest elective for Yr 8 early next term.

This is an exciting time for students who are able to further their education in more specific areas and build upon their interests. It is important that you have discussed these choices with your student to ensure that you are aware of the costs associated with some courses and are happy with what they have picked.

The Yr 11 2023 Line Pattern is now in draft form and will be published early next term, any issues with these selections or missed preference will be followed up by Mrs Kelly (Senior Head Teacher). The Stage 5 elective line pattern is still awaiting some last-minute selections, with students being informed of their selections by week 3.

Have a safe and happy holiday and we look forward to seeing you day 1 Term 4 (Monday 10th October – there is no Staff Development Day on the first day of term in Term 4)





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What's On?

Term 4

10th October - Whole school returns to school

Friendly Reminder

Students are to wear full school uniform at all times. If students can not purchase a jumper they can be borrowed from the HUB until one can be purchased. Any students wearing Hoodies to school will be asked to remove them.



Don't forget if you have not already, to jump on and sign up to the parent portal on Sentral





SRC Report Term 3 Week 10

ROSE Assembly

Week 8 our SRC senior leaders ran the ROSE (Recognition Of Student Excellence) assembly. This assembly is held once a term in week 8 and acknowledges all the wonderful things that our students have undertaken each term. Our seniors enjoy this chance to lead the school in such a positive occasion. On the day we had students achieve level change certificates within the merit system, NAIDOC awards and participation certificates, BROSPEAK participation and First Aid certificates for Platinum students. We also recognised the students that attended the Upper Hunter Leadership Summit late last term and thanked the students for their support of the SRC Trivia Night.



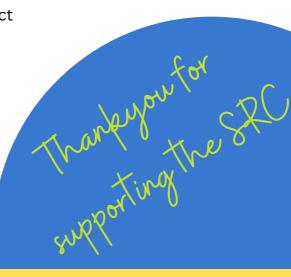


RUOK Day

Thursday Week 8 on RUOK day SRC ran a bake sale to raise awareness and to support this worthwhile organisation. We raised \$323.20 which will be passed on to RUOK. It was great to see so many students and staff support our bake sale and also the mural activity organised by Hannah (SSO) with her Project Shine group.







2023 School Leaders

Well done to all those candidates that nominated and presented their nomination statements to their year group and staff. Congratulations to those that were successful in gaining 2023 Year 12 school leadership positions.

Early next term Year 10 students will be invited to nominate for Year 11 Prefect positions in 2023. Those in Years 7-9 will be invited to nominate SRC Year representatives for 2023 Years 8-10. Announcements will be made in daily notices and at assemblies to let students know when this process will begin.



Year 11 Leaders Wellbeing Project

Our current Year 11 leaders are working hard on planning their wellbeing project which they plan with the assistance of Lindy from WTAW after their attendance at the National Leadership Summit. Students are just working out more details and then will share with you their great deas of what they have got in store for early in term 4.

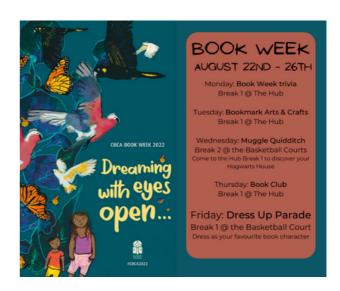
Striving for Excellence in a School that cares



Book Week 2022

In Week 6, Muswellbrook High celebrated Book Week 2022.

The theme this year was 'Dreaming with Eyes Open'. On Friday, more than 200 staff and students dressed up as their favourite book or movie character and paraded around the basketball court. Their creativity was incredible!! The highlight of Wednesday was playing Muggle Quidditch on the basketball court. Students 'flew' around the court trying to get the 'quaffle' through the goals without being hit by a 'bludger' (a dodgeball)!! All the students and staff involved had an amazing time and we look forward to Book Week 2023!!



Congratulations to the winners of the costume competition

Stage 4 Riley Jeans



Stage 5 - Mia Mackellar



Stage 6 - Justin Spence



Group or Duo - Aimee & Erin Ryan



Staff - Mrs Jonesi



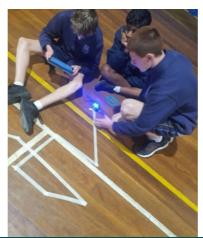


Maths

Matt Leman, Science Technology Engineering Mathematics (STEM) Co-ordinator, for Upper Hunter Development Corporation has been working with Mrs Hallam's Year 9 Mathematics class and Mr Eather's 7F class programming Sphero balls to follow a course. Not as easy as

it sounds.







2022 HSC Study Day Series

Mathematics Extension 2



To give a broader prospective and help in the preparation for the HSC, we run several study days, via Zoom. Our Mathematics Extension 2 students participated in a day run by Aurora college early in Term 3. Advanced and Standard students participated in one run by Stuart Palmer's PD4Maths late in Term 3.

We had 18 students compare their Mathematical problem-solving skills to students from all over Australia (and beyond). Our top performers were Sidney Murray in Year 9 and Riley Jeans in Year 7.

MHS continue to run Free After School Tuition (FAST) on Tuesday afternoons in the HUB/Library from 3:10-4pm. Same afternoon as our Senior Maths and Science Study Hall held in the Senior Prep Room section of the HUB/Library, which runs to 5pm. The weeks leading up to the Yearly Exams we will be running our Student Assisted Maths Study (SAMS) on Tuesday and Thursday lunchtimes.

Two tricks SUR To the Sur To the

AML.
AUSTRALIAN MATHS TRUST



UH155 CHS Netball

On Thursday, 4th August 2022 our U15s girls Netball Team headed to Karoola Park in Muswellbrook to compete at the Upper Hunter Zone Gala day against teams from Scone High School and Singleton High School. The rain only held out for one of the three games, but the girls played hard despite the slippery, damp conditions. Singleton High fought hard, but our team came out victorious with a 34-26 victory. After Singleton defeated Scone, it was our turn to take on the Scone team and the girls came away with a very convincing 43-14 win against our neighbour. This means our team has qualified to compete at the Hunter CHS Semi Finals, held in Newcastle on Tuesday 6th September.

At the second round of competition, the girls took on the winning teams from all zones across the Hunter. A tiny sprinkle of rain was not enough to dampen spirits and the girls played with enthusiasm and vigour throughout both our games. In game 1, we unfortunately went down to a very strong Kotara High School team. The girls fought for a very convincing win over Glendale in game 2, but unfortunately this was not enough to see us through to the finals to be held in a few weeks' time.

Well done girls! And many special thanks to our super umpire Hayley Passmore for accompanying us on the day.

Debbie Vardanega Netball coach





Representative Sport Achievement

Congratulations to Porscha Jimmieson in Year 10, on more success in the swimming pool this year! In late August, Porscha travelled to Brisbane to represent Muswellbrook High School and our state in the NSW Swimming Team, competing at the 2022 School Sport Australia Swimming Championships. The championships were held at Brisbane Aquatic Centre, and showcased the nation's most talented high school swimmers.

Porscha competed in four events and received the following results:

·16-19 years girls 100m Breaststroke - 7th

·16-19 years girls 100m Butterfly - 7th

·16-19 years girls 200m Freestyle - 7th

·16-19 years girls 200m Individual Medley – 6th

We are so proud of Porscha's achievements in swimming this year. This was a fantastic experience for her, as her first time being selected at National Level. We wish Porcha all the best for her future swimming endeavours and cannot wait to see what the future brings for this budding swimming superstar!



Regional Athletics

On Wednesday 7th August thirty students from Muswellbrook High School competed at the Hunter Athletics Championships held at Hunter Sports Centre in Glendale. Our students represented our school and the Upper Hunter Zone with pride and sportsmanship. Many thanks to the parents who took time out of their day to drive the students to the event.

Congratulations to the following students who qualified for NSWCHSSA Championships (State), held in the first week of September:



State Athletics

Three of our qualifying students traveled to Sydney Olympic Park to compete against the best track and field athletes in the state. Congratulations to Riley Jeans, Shontayne Huggins and Lillian Strong for your efforts at this competition, held in the first week of September.

Competition at this level cannot occur without the support of families who take their students to the event, so thankyou very much to the families of these students also. Riley and Shontayne competed in shotput and Lillian, in the 400m. Special mention of Lillian who placed fourth in her event and took 10 seconds off her personal best! Unfortunately our students have not qualified for the next level of competition, but we look forward to seeing their success next year!



EVERY DAY COUNTS

ATTENDANCE IS THE BASIS OF ALL LEARNING

MUSWELLBROOK HIGH SCHOOL

1 DAY PER FORTNIGHT

IS 20 DAYS PER YEAR

THIS IS 260 DAYS
OF MISSED SCHOOL
FROM KINDY TO Y12
THE EQUIVALENT OF

1.25 SCHOOL YEARS

1 HOUR PER DAY

IS 40 DAYS PER YEAR

THIS IS 520 DAYS
OF MISSED SCHOOL
FROM KINDY TO Y12
THE EQUIVALENT OF

2.5 SCHOOL YEARS

1 DAY PER WEEK

IS 40 DAYS PER YEAR

THIS IS 520 DAYS
OF MISSED SCHOOL
FROM KINDY TO Y12
THE EQUIVALENT OF

2.5 SCHOOL YEARS

2 DAYS PER WEEK

IS 80 DAYS PER YEAR

THIS IS 1040 DAYS OF MISSED SCHOOL FROM KINDY TO Y12 THE EQUIVALENT OF 5 SCHOOL YEARS

3 DAYS PER WEEK

IS 120 DAYS PER YEAR

THIS IS 1560 DAYS
OF MISSED SCHOOL
FROM KINDY TO Y12
THE EQUIVALENT OF

8 SCHOOL YEARS

ROSE Assembly Highlights

BROSPEAK

Platinum First Aid certificates



NAIDOC League Tag Awards

Attendance Acknowledgements

Merit level up certificates







