



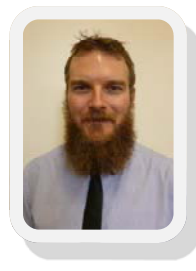
Muswellbrook High School



"Striving for excellence in a school that cares"

NEWSLETTER 5

29/06/2017



Principals Report

Brilliant showcase of Public Education

It has been a privilege to observe the following outstanding events led by students of Muswellbrook HS during the last couple of weeks. Our students demonstrate confidence, maturity, commitment, and collaboration – all future focussed skills.

Congratulations to all students involved! Thank you for being outstanding ambassadors for Muswellbrook HS.

MUNA, Back to the Brook, Starstruck 'Shine On' 2017 performances, Stewart House, Appreciative Inquiry Summit on Leadership, Science and Engineering Challenge, ProBL Showcase afternoon, Outward Bound, Regional Cross Country, various Eisteddfod performances and most recently the CAPA Roadshow.

Of special mention is the performances of Brady Cavanagh at the **Star Struck**, performing arts extravaganza, presented by the Hunter area of the NSW.

The inaugural Upper Hunter Schools held a student leadership summit on the 20 June. Eighteen student leaders from the Upper Hunter led 100 students from Merriwa Central School, Muswellbrook HS, SJA Aberdeen, Scone Grammar School, Scone HS and students from their partner schools in an Appreciative Inquiry Summit. This was an exceptional event and I would like to acknowledge the work and talents of our student leaders; Georgia Gal, Blake Shackleton, Brydie Cullen and Marcus Morris.

Thank you to the generous staff for their willingness to be involved in these events also.

I wish all families a safe and restful break and I look forward to Semester 2. Students will resume back at school on Tuesday 18 July.





Deputy Principals Report—Scott Copland

Muswellbrook High School has just completed an extremely busy and productive first semester. While we all look forward to holiday breaks, the July holidays are often a chance for Year 12 to access their teacher's one on one as they give up their time to support our students. A timetable of when staff are available during the holidays has been provided to students and I would like to thank our staff for going above and beyond. In saying this, I would also encourage our Year 12 students to ensure they use this time leading up to the HSC Examination. Term 3 will be our current Year 12 cohorts last term at school and it is during this time the biggest gains can occur.

ProBL is a program Muswellbrook High School introduced this year with our New Year 7 cohort. It is a problem solving program incorporating syllabus outcomes, which involves students becoming immersed in the development and understanding of a specific topic. Last week, Year 7 students presented their projects and demonstrated a number of skills to an audience of parents and students. It was a highly successful evening with some outstanding presentations from our students. Thank you to all the students and teachers involved and to our parents who attended.

With reports completed and distributed, it is now a time for both parents and students to assess where and how improvements can be made. School is an opportunity for students to develop and grow into educated young men and women; however, it is the family who provides the support to ensure the best possible outcomes can be reached. I encourage all parents to take the time to read the comments made by the teaching staff and question how we can work together to assist the growth of all our students.

Have a happy and safe holiday.

SENIOR STUDENT SUPPORT—Fiona Bailey

Year 12 Trial HSC Exams

Year 12 Trial HSC Examinations begin Tuesday 18th July (Tuesday, Week 1 Term 3). Students must arrive at least 10 minutes prior to the advertised start times for their exams. They should wear school uniform and bring only approved equipment to each examination. Phones/devices must be turned off and left outside the examination room.

Holiday Study Timetable

We have been making study notes and practising past papers in the Senior Prep Room. Leading up to the examinations students should attend the holiday study sessions below for their subjects as their teachers will be present to assist with revision and examination practise. Some teachers have negotiated alternate days and times with their students.

	Day	SUBJECTS
Week 1 3 rd to 7 th July	Monday	
	Tuesday	PE (French) Drama (10-2)
	Wednesday	STUDY CAMP DAY please register
	Thursday	CAFS
	Friday	Multimedia
Week 2 10 th to 14 th July	Monday	Biology
	Tuesday	PE (McKinlay) Agriculture
	Wednesday	English - Newcastle University
	Thursday	Food Technology
	Friday	

There is also a Study Camp on Wednesday the 5th July in the MHS Hub for our students to attend. Please see the attached flyer for details. Students must register for this event (it is free and lunch and morning tea are provided). Students should bring essays, work samples and/or past papers to discuss with the tutors for their subjects.

If you have any questions please contact Alison Tilse (details on flyer) or myself at MHS (6534 1033).

Fiona Bailey

Senior Prep Room

SENIOR STUDENT SUPPORT—Fiona Bailey



HSC STUDY CAMP

JULY HOLIDAYS

Upper Hunter Education Fund is holding a free HSC Study Camp in the July Holidays

WHEN	Monday 3 July 2017- Scone High School, Tuesday 4 July 2017-St Joseph's High School & Wednesday 5 July 2017- Muswellbrook High.
TIME:	9.30am Registration 10-12.00- Session 1 12.00-1.00pm Lunch & forum (BBQ lunch provided) 1.00-3.00pm Session 2
WHO	Students sitting HSC in 2017. All students from ALL schools are welcome at each session
MENTORS/TUTORS	High achieving HSC 2015 and 2016 leavers
HOW MUCH	Free – Thanks to UHEF sponsors including Coal & Allied Community Development Fund
TO ENROL	Email Alison Tilse at Alison.tilse@mn.catholic.edu.au

To assist with planning please RSVP via (email alison.tilse@mn.catholic.edu.au). List your day/s of attendance & subject choices.

If you have questions or enquiries about the HSC study days please contact Alison Tilse 0427458124.

We will cover English (all levels) maths (all levels), histories, legal studies, business studies, Economics, Chemistry, Biology, Physics, PDHPE, Art, Drama, Geography , Agriculture , Studies of Religion and general exam technique with our young mentors. **Tutors will be available for the above subject on ALL three days. A timetable will be established at registration each day so as to meet individual student needs. Please bring essays, questions and past papers to discuss with the tutors.**

The days will be staffed by UHEF members and a number of tutors who completed their HSC in the past two years. The focus of the study sessions will be the sharing of strategies and tips from both the mentors/tutors and staff on completing each of the respective HSC subjects. The tutors will also look past HSC questions offering guidance and assistance based on their success in the HSC. The mentors/tutors have all excelled in the HSC and have first-hand knowledge of what it takes to be successful in the HSC. The Upper Education Fund (UHEF) was established in 2008 in the Upper Hunter to support and enhance educational opportunities for local students. In 2015 the UHEF extended its support of students in the HSC year to offer a two day study program during both the July and September/October holidays. Students from the local Upper Hunter schools have attended the sessions and have benefited greatly from the sessions. The 2016 HSC results were testimony to the valuable impact of the HSC Study days.

Careers—Sonya McDonald



Our annual 'Back to the Brook' was held Friday 23rd June. This special event is where we welcome back past students; in particular, we held a very important discussion forum between our current Yr 12 students and last years' HSC students. Our 2016 ex-student guests were very generous with their time and openly discussed their life stories so far, with regards to HSC survival tips and their journey into 'adulthood. Our guests were then invited to share a morning tea with staff, where they could catch-up with teachers' and re-visit their classrooms. Feedback from our Year 12's has been extremely positive!



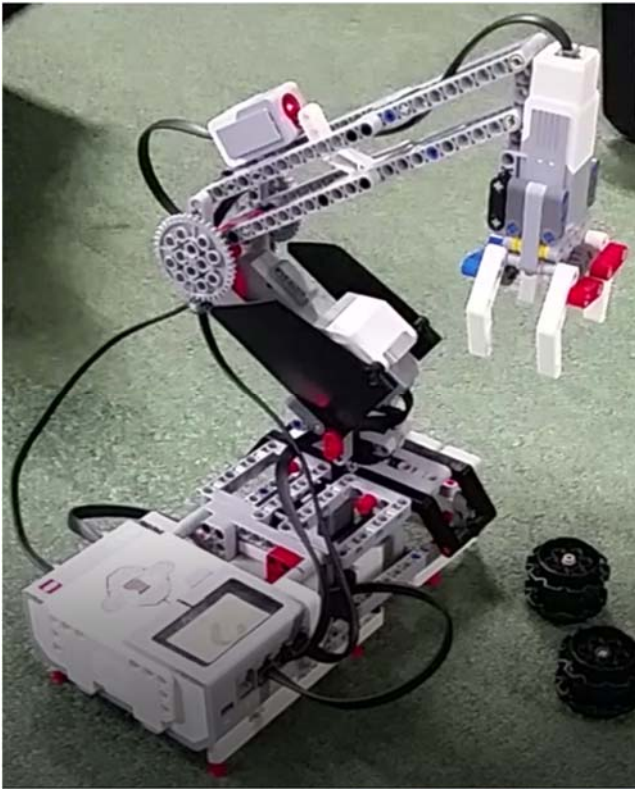
Our Year 10 students were invited once again to participate in a week's Work Experience at Bengalla. Four lucky students took up the offer and gained a hands-on insight into a various roles, such as mechanical trades, engineering, production and administration. Students were once again given the opportunity to try the truck 'simulator' (which some Bengalla staff are yet to experience!) and witness the many roles on offer within this large organisation. We thank Bengalla and staff for the generous offer in supporting our students and assisting them with their future career choices.



We have a busy Term 3 with many opportunities opening up for both our Year 12 and Year 10 students. Information regarding scholarships, important dates for UAC or work experience will be advised in the Home Room and placed out the front of the Careers room. If you have any questions, please check on the schools careers website: <http://www.muswellbrookhighcareers.com> or speak to Mrs McDonald

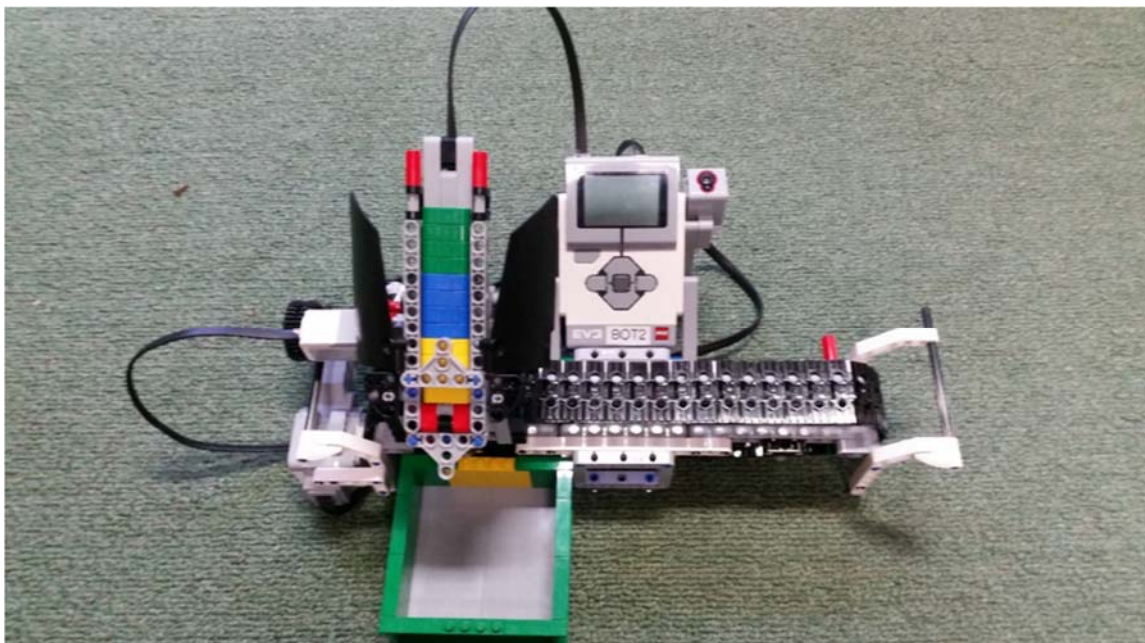
TAS

Robotics



This Term our robotic sport students have learnt new skills in building and programming with robotic sensors. We have investigated touch sensors to move a robotic arm. The sensor was programmed to trigger an event where the robot arm and claw move in a set direction when activated.

Students also learnt about colour sensors and how to program a robot to detect Red, Green, Blue and Yellow Lego bricks. Once the robot has the coloured bricks scanned, it sorts the respective bricks into colour groups.



SCIENCE

HSC Biology and Senior Science ZooSnooze excursion to Sydney

In Week 2 of Term 2, students from HSC Biology and Senior Science students attended an overnight excursion to Sydney.

Our first day involved getting up very early in the morning to make our way to the Australian Nuclear Science and Technology Organisation located in Lucas Heights. Students toured the facility and observed the only nuclear reactor in Australia that was being used for research and medical purposes. Students were also given a brief introduction of various researches, ranging from food and nutrition technology to palaeontology that were being conducted at the ANSTO facilities.

From Lucas Heights, we made our way into Sydney city to tour the Australian Museum. The museum boasted a large range of collections and specimens of Australian flora and fauna and its dinosaur exhibition was very impressive.

Once the museum tour was over, we walked through busy streets of Sydney to catch a ferry to Taronga Zoo, where we were staying the night. Zookeepers took us on a night walk through the zoo after dinner, where students were able to observe unique behaviours of nocturnal animals residing in the zoo (baby fennec fox was very cute).

First activity of the second day was to tour the zoo before it was opened to the public. Students had close encounters with a Tasmanian devil and played a good round of tug-of-war with it. It was an excellent opportunity to observe animals and zookeepers getting ready for the busy day ahead. After the morning walk, students were given time to roam the zoo freely.

Our last stop was the Museum of Human Disease located in the University of New South Wales. The museum tour allowed students to visualise physical consequences that diseases and illnesses have on human bodies. Some specimens definitely made students cringe and to help them to become aware of the consequences that certain diseases have on people.

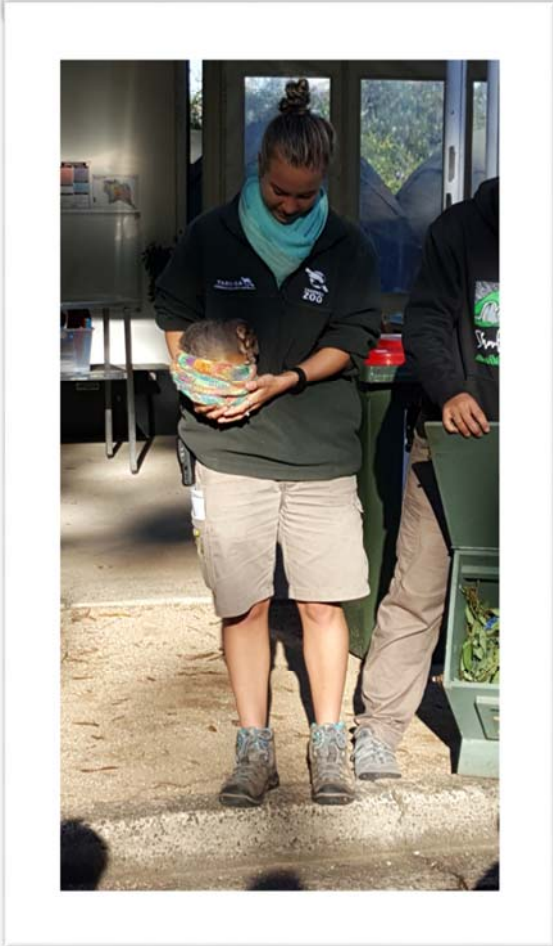
We concluded our trip to Sydney from the museum and made our journey back to Muswellbrook. It was two full days of long hours and travels but students enjoyed trip and found it beneficial.

HSC Biology, Chemistry and Physics – Experiment Fest at University of Newcastle

On Friday of Week 9, Term 2, HSC Biology, Chemistry and Physics students travelled to the University of Newcastle to attend HSC workshop called Experiment Fest. This workshop provided an opportunity for students to conduct syllabus related experiments by accessing specialised laboratory equipment provided by the university. Although it was a long day, it was useful for students to consolidate first-hand tasks to their relevant theoretical content knowledge.

SCIENCE

HSC Biology and Senior Science ZooSnooze excursion to Sydney



S R C

SRC @ Vinnies CEO Sleep out

This Term our SRC students were very busy with leadership roles in the school and fundraising for the 2017 Vinnies CEO Sleep out. A cupcake stall and out of uniform day raised \$600 that was donated to St Vincent de Paul for this event. 10 of our SRC students slept outside in swags on Thursday 22nd June at the Muswellbrook Showground with many Corporate business people. VIPs included the Muswellbrook and Upper Hunter Council Mayors and General Managers. Thank you to the ladies at Muswellbrook Red Cross for catering, Upper Hunter Homeless Services and Muswellbrook Youthies for organising. The food was delicious and we all had a memorable evening. Even the cold 5 degree morning wake up on Friday didn't hamper spirits, although it certainly had everyone looking for a hot shower after the event!

Mrs Katrina Byrnes
SRC Coordinator.



Marcus and Jayden organising games for the evening.



Tristan, Hamish, Paddy, Finn.



Kate, Hailey and Jacinta.



Katie, Marcus, Jayden, Ben and Brydie.

EXCURSIONS

Chess Club News - B Tier

NSW Chess Championship Tournament-Country Division

First round this year, we played Scone Grammar and had a convincing win of 3-1. Then in the second round we travelled to Aberdeen to play St Josephs, who had previously beaten Scone High and we won again. This made us the top team in the Upper Hunter! In the third round we are to play Merewether High School in a date to be decided.

Sydney Academy of Chess Interschool Chess Tournament

After having to cancel the local heat that we had planned to host due to poor numbers, on June 6th we travelled down to East Gosford to St Edward's Christian Brothers School to play in the local heat there. Thanks to Harrison's dad Keiran Kelly who drove a car of year 7 students down for the day so that we were able to field a team of 6 players. The team consisted of Bradley Woodeson (11), Kai Suzuki (11), Adithya Kusuma (10), Will Rankin (7), Jadon Chetty (7) and Harrison Kelly (7). In this tournament, each player played 7 games using clocks with a maximum time of 15 minutes per player per game. There were over 140 students in the tournament with roughly 70 of them high school students from six different schools. We had travelled the furthest in the high school division, and Denman Public sent a team as well. All players played solidly with the results as follows:

Player	Games won	Place
Will Rankin	6/7	1st
Bradley Woodeson	5/7	10th
Jadon Chetty	5/7	12th
Kai Suzuki	5/7	13th
Harrison Kelly	5/7	14th
Adithya Kusuma	4.5/7	15th



EXCURSIONS

Chess Club News - B Tier

Will received a trophy for 1st and overall with the top 4 scores added up for each school Muswellbrook came 1st with a score of 21 points- one point more than the host school! Another chess trophy for the cabinet! We are off to the Semi-Finals later in the year.



Coming up in Term 3: Coaching session by Mr Summerfield (Denman Public Chess coach), a possible interschool tournament with the 4 Upper Hunter high schools and more.

Chess Club is on every Friday in the HUB- All skill levels and years welcome!



EXCURSIONS—cont'd

Model United Nations Assembly

ON June 2nd and 3rd, two Muswellbrook High School students participated in MUNA, the Model United Nations Assembly, hosted by Muswellbrook Rotary Club.

Rhylie Pereira and Kaito Suzuki joined students from 13 schools around the Hunter region to debate important global issues in a simulated United Nations General Assembly. The students spoke on issues such as human rights abuses, wildlife trafficking, racism and xenophobia, nuclear weapons, and the militarisation of outer space. Schools represented nations such as Jordan, the United States of America, Mexico, Germany, Colombia, and North Korea.

Rhylie and Kaito represented the Syrian Arab Republic, a nation that faces many significant issues today. Both students spoke exceptionally well about the issues relevant to Syria. A significant part of the MUNA experience is cultivating alliances and making appropriate political choices. Rhylie and Kaito demonstrated excellent political skills, playing their cards very close to the chest, and making strategic alliances when needed.

At the end of the day, students from Hunter School of Performing Arts won the competition, representing the country of North Korea. All students enjoyed their well-researched and entertaining approach to the debate.

Rhylie and Kaito should be commended for their hard work and diligence at MUNA.

Miss Turnbull



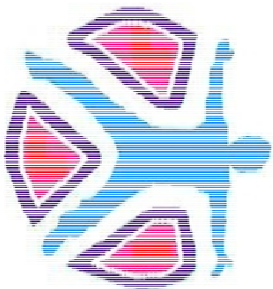
EXCURSIONS—cont'd

STEM (Science, Technology, Engineering, Maths)

Our STEM and Science students from Years 9 and 10 participated in the Newcastle University Science and Engineering Challenge held at Muswellbrook on 14th June 2017. Our students had a fantastic day with challenging STEM activities such as bridge building, Helter Skelter, Mission to Mars, Flat Pack and Bionic Hands. Students experienced sharing ideas in a small team, the importance of collaboration and that working together is more important than winning the challenge. On behalf of our students, thank you to Muswellbrook Rotary Club for hosting the event with Newcastle University and sponsors, Coal and Allied Community Trust, for such a great day!

Ms Jung and Mrs Byrnes
STEM





Upper Hunter Youth Services Inc - Youth Centre

July calendar 2017

Open Wednesday-Fri 3pm –6pm

Free bus run provided

Located at

School Holidays Tuesday – Fri 11am-3pm

Focus of the month:

The Showground,

Naidoc Week

Maitland Street

PO Box 628

Muswellbrook NSW

2333

Phone: (02) 65434841

Fax: (02) 65425443

Email: kholman@uhnys.org.au

COMMUNITY NEWS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			SCHOOL HOLIDAYS			
			5 COMMUNITY AWARENESS	6 EXCURSION	7 COMMUNITY AWARENESS	
	3	4	NAIDOC WEEK	Revolution Park	NAIDOC WEEK	
			12 GAMES/ ACTIVITIES	13 EXCURSION	14 GROUP ACTIVITY	
			Playing Indoor	Muswellbrook In Town Excursion	Free choice afternoon	
			19 GAMES/ ACTIVITIES	20 CREATIVE ARTS	21 SELF ESTEEM	
			Playing ball games	Looking at some Aboriginal Art Work.	Anti- Bullying talk	
	22	23	26 CREATIVE ARTS	27 GROUP ACTIVITY	28 LIFE SKILLS	
			Rock painting using Aboriginal Art Symbols and Patterns.	Participating in a game on the lawn.	Helping with food preparation	
			Back To School			

COMMUNITY NEWS



RUGBY LEAGUE CAMP

There is no better way to take your season to the next level than by freshening up old skills and learning new ones, while making new friends at the PSM rugby league camps.



Pacific Sports Management have developed a holiday camp for young athletes! Former Penrith, NSW and Rugby League player and now assistant coach at Manly Sea Eagles, John Cartwright, will be the head coach of the camps.

PSM manage the careers of some of the biggest rugby league stars like Daly Cherry-Evans, Nate Myles, Jason Taumalolo, Valentine Holmes, Kane Elgey and BJ Lawrence.

PSM provide a pathway for all campers who are wishing to be identified.

**THIS COULD BE
THE BEGINNING OF
YOUR JOURNEY!**

**CLICK HERE TO
REGISTER NOW!**

WEEK 1

// WHEN - Tuesday 4th July
WHERE - Central Coast - The Entrance
(Edsacc Oval)
AGE - 12 - 17yrs

// WHEN - Thursday 6th July
WHERE - Upper Hunter,
Muswellbrook (Olympic Park)
AGE - 12 - 17yrs

WEEK 2

// WHEN - Thursday 11th July
WHERE - North Coast, Port Macquarie
(Stuarts Park)
AGE - 10 - 17yrs

// WHEN - Wednesday 12th July
WHERE - Newcastle,
No2 Sports Ground
AGE - 6 - 17yrs

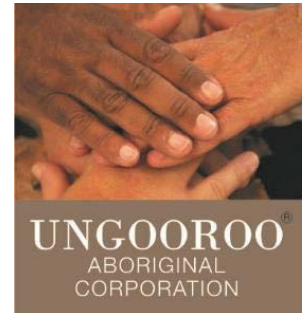
// WHEN - Thursday 13th July
WHERE - Cessnock - Cessnock Sports Ground
AGE - 12- 17yrs

VISIT SIGN ON DAY
www.signonday.com.au/listing/psm-camps

COMMUNITY NEWS



Ungoороо Community Health Outreach NAIDOC Day!



Have You Had a 715 Indigenous Health Check?

Ungoороо GP & Health Services is holding a stall at the Muswellbrook Flag Raising Day this Monday, 3rd July to conduct 715 Health Check's for the Indigenous community.

- Date: Monday 3rd July 2017
- When: 11.30am – 2.00pm
- Where: Simpson Park, Market Street Muswellbrook

After completing the Health Check you will received a FREE SHIRT!

What is a 715 Indigenous Health Check?

- A Health Check is an overall check of your well-being.
- It involves a holistic check on your health including your physical, social & emotional well-being.
- These checks assist in early detection, diagnosis & intervention for common & treatable conditions that cause a disease or early death.



No appointment is needed, but if you would like secure an appointment please call 65715111



Registrations are now OPEN for two Youth Mental First Aid Training Workshops in **ABERDEEN** and **MUSWELLBROOK**

Thanks to the extraordinary donations that have been made to Where there's a Will, these workshops (valued at \$490 per person) will be delivered FREE by world class presenter Geoffrey Ahern.

Geoff is an extremely insightful leader in mental health who works alongside Victorian police in emergency response.

This course is quite simply not to be missed if you are a parent, carer or work with young people aged 10 to 25

ABERDEEN workshop THURSDAY 27th July (DAY ONE) and FRIDAY 28th July (DAY TWO)

At the Aberdeen RSL Club

MUSWELLBROOK workshop SATURDAY 29th July (DAY ONE) and SUNDAY 30th July (DAY TWO)

Venue TBA

Please note, it is possible to do the first day in Aberdeen and second day in Muswellbrook or vice versa if you can only do one day during the week, one on weekend etc.

Both days are from 9 – 4pm with a ½ hour break for lunch, with morning tea and lunch kindly provided by the community.

Course participants will learn about the signs and symptoms of the common and disabling mental health problems, how to provide initial help, where and how to get professional help, what sort of help has been shown by research to be effective, and how to provide first aid in a crisis.

Developing mental health problems covered are: depression, anxiety problems, psychosis and substance use problems

Mental health crisis situations covered are: suicidal thoughts and behaviours, non-suicidal self-injury (sometimes called deliberate self-harm), panic attacks, traumatic events, severe effects of drug or alcohol use, severe psychotic states and aggressive behaviours

To register or for further information please contact:

Jaclyn for **ABERDEEN** on Phone: 0435 620 114 or Email: jac9287lyn@hotmail.com

Taya for **MUSWELLBROOK** on Phone: 0447 233 559 or Email: taya.elphinstone@outlook.com



COMMUNITY NEWS



21 RYAN AVENUE, SINGLETON

MAJESTIC CINEMAS

School Holidays

ALL YOU NEED IS THIS VOUCHER!

\$9.90*

ALL TICKETS

Bring this coupon to Majestic Cinemas Singleton for a \$9.90 movie ticket

Valid Until 30/7/17

*Conditions: coupon must be surrendered to receive ticket offer. Not valid with any other offer. Not valid for special events. Coupon valid for up to 4 tickets per use.

PH: 6 5 7 1 5 2 5 2
WWW.MAJESTICCINEMAS.COM.AU

DESPICABLE ME 3

CARS 3

DIARY OF A WIMPY KID: THE LONG HAUL

TRANSFORMERS: THE LAST KNIGHT

SPIDER-MAN: HOMECOMING

The school holidays are almost upon us, and we have a family friendly offer for your students and families.

On presentation of the voucher attached, families are able to get \$9.90 movie tickets to watch all the films across the school holidays (Not limited to those advertised on the voucher).

If you are able to share this offer with your students through either a Facebook post or newsletter in time for the upcoming school holidays we'd like to offer your school 20 x 2 for 1 vouchers & 2 x double passes to use as a reward for teachers/students as you like.

Simply reply to this email to let us know that you were able to share the voucher below, along with the best postal address and we'll get the vouchers sent to you asap.

St Alban's Spring fair

Come along to St Alban's Spring Fair – Saturday 26th August from 9am to 2pm in the grounds of St Alban's Anglican Church in Brook Street, Muswellbrook.

Lots of fun for everyone with children's activities, pony rides, vintage car display, local services vehicle display, yummy food, coffee from L A Coffee, Market stalls, Quilt display, Raffles, Chocolate Wheel and Entertainment! Money raised will go towards supporting charities locally and abroad.

The Aberdeen Holiday clinic will be the Monday the 10th of July!

Once again in the July School Holidays the NRL Development team will be running the Aberdeen School Holiday clinic.

Starting at 10am and wrapped up at 1pm and aimed at kids aged 5 – 14 having fun and enjoying the game of Rugby League during their holiday break.

Whether you play rugby league or would just like to try something new, come along, get some great prizes all for only \$40 at Mckinnon Oval in Aberdeen.

To register go to - <https://membership.sportstg.com/regofrm.cgi?formID=49493&programID=37839>



Important Information

Facebook— [facebook.com/mbkhigh](https://www.facebook.com/mbkhigh) (Our Official Facebook Page)

SMS text messaging – Daily attendance of your child is sent to your family mobile number. This can also be used for important information regarding parent teacher meetings, issue of reports etc. The school SMS number is: **0427 016 460**. Please add this as a contact in your mobile phone. You CANNOT phone this number, please phone using 65431033. You may send a text message at any time to this number to explain your child’s absences. Please let us know if you have any problems with this texting service.

Email – The school newsletter is distributed via email to as many families as possible, approximately twice a term. If you have an email address that you use regularly, please contact the school.

Websites – www.muswellbro-h.schools.nsw.edu.au. The school website holds a great deal of information and is a useful place for you to find out what is happening at school.

Millennium – The Millennium website contains all of your child’s school information. This includes attendance, school reports, assessment tasks, timetables, behaviour information.

Families are able to see the whole family at a glance with your private login. This will be sent to you via an email if you have one listed with us, if not please phone the office with a current email address.

Students can also access this site through a separate login.



Upcoming Events 2017

Monday : July 3 2017	First day of school holidays
Tues : 18th July 2017	School resume for years 7–12
HSC Trial Exams	18 July–28 July
Yr 11 Snow Trip	7th Aug to 11 Aug