



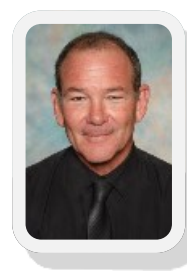
Muswellbrook High School



"Striving for excellence in a school that cares"

NEWSLETTER 3

25/05/2017



Principals Report

Wonderful Community Involvement

Our very generous community have once again provided exceptional opportunities for our students. With the aid of grants from Bengalla Mine, Muswellbrook Shire Council and NSW Government Science and Engineering as well as sponsorship from community members, parents and local organisations, a team of six students and Robotics Team coach Mrs Katrina Byrnes travelled to USA to compete in the World Robotics. There is a more detailed article in the newsletter.

Combined Schools Vocal and Band Workshops

It was inspiring to see the school community come together with the Upper Hunter Conservatorium of Music to participate in the second year of vocal and band workshops. Students and tutors worked tirelessly through the day, to culminate in a showcase performance that evening. How inspiring to see our students from all partner primary schools perform alongside our high school students.

Sporting

We have many successes to spruik about so far this term, across a range of sporting genres. A special congratulations to Brydie Parker, who has been named in the team to represent Australia in Rugby 7s at the Youth Commonwealth Games. This is a goal Brydie set for herself and has worked endlessly to achieve. Congratulations also to Zahli Woolnough, Year 7, who represented Muswellbrook HS at the NSW All Schools Swimming Championships at Sydney Olympic Park. Zahli placed third in the 50m breaststroke and received a Bronze medal.

Staffing Changes

Term 2 has begun with some staff changes. Congratulations to Mr Brian Drewe who was successful in his promotion to Principal of Scone High School. This is a well-deserved position and on behalf of Muswellbrook HS, I would like to thank him for his dedication and exceptional hard work as Deputy Principal. Mr Drewe always put student needs above all else and he is greatly missed by all.

Mr Dan O'Hara will relieve as Deputy Principal in Term 2, pending the position being filled on a permanent basis. Mr Dan Bavister is the relieving Head Teacher TAS.

Mr Luke Doust was successful in attaining a permanent PD/H/PE position at Bourke High School. Mr Doust has done an amazing job at Muswellbrook HS wearing many hats during his time as; teacher, Yr. 7 Year Advisor role, Sports Coordinator, Aboriginal Education Leadership Team Coordinator. Ms Samantha Turnbull has taken on the Year 7 Advisor role, with Ms Samantha Pope as Assistant Year Advisor. We welcome Mr Isaac Howard in the PE teacher position for the remainder of the year. Ms Nicole Hallams (teacher of Yr. 7 Y) was also successful in obtaining a permanent position at Kotara HS and we welcome Ms Felicity Hipkins as our Yr. 7 Y teacher.

"Striving for excellence in a school that cares"

Principal's Report—cont'd

NAPLAN 2017

Thank you all parents who supported their child in the recent NAPLAN tests. Whilst NAPLAN will only ever be a snapshot of student achievement in Literacy and Numeracy, it is a powerful diagnostic tool for students, teachers and parents. We utilise the results to individualise instruction for students in an attempt to maximise their learning growth. NAPLAN is very important to Muswellbrook HS and it was pleasing to see most students striving for their personal best.

Upcoming events:

Kokoda Trail

An exciting opportunity for two of our students, Marcus Morris and Joel Hartin who have been sponsored by Muswellbrook Workers Club to trek the infamous Kokoda Trail in PNG later on this year. This no doubt will be a memorable experience and we are so excited about this generous opportunity for them.

Phenomenal Canteen

It cannot be described in any other way! Our canteen is phenomenal. Homemade delicacies are prepared fresh on site and sold at very reasonable prices. A well-fed student and teacher is a recipe for happiness. I would like to take this opportunity to thank Mrs Jodie Schmierer and Mrs Donna Taylor and the team of volunteers for their exceptional hard work and passion to provide outstanding product and service for our school. If you have a spare hour or two to help prepare and serve food, your help would be greatly appreciated. Please make contact with the school.

Mental Health First Aid Training

A special thank you to the Upper Hunter Youth Services for their commitment to upskill our young people and staff by providing training for all Yr. 10 and 11 students. Whilst people often know a lot about common physical health problems, ignorance of mental health is prevalent. Regular first aid courses are widespread; however, most of these courses do not address helping with mental health problems. Mental Health First Aid training aims to fill this gap.

Deputy Principal Report

Student Safety

It is timely that I remind parents and carers that the drive way at the front entrance of the school is not a general thoroughfare for pick-ups and drop offs. Students are to enter and exit the school from other gateways. The front of the school is unsupervised and has very limited car parking space. Best practise would see students meet their lifts from the street. The volume of traffic has grown considerably and I fear that it is only a matter of time before an accident occurs.

Where There's A Will

There is an information session on Wednesday 24th May 2017 at Muswellbrook Public School hall from 6.00 pm. Please come along and see how you may be able to assist our community get behind this passionate charity to support our young people.

S Copland

INDEX

Principals Report	Pages 1–2
Deputys Report	Page 3
Sports News	Page 4–7
Gold Class News	Pages 8–9
Careers	Pages 10 - 11
School Information	Pages 12– 13
Community News	Pages 14–26

These Girls are on Fire!

Congratulations to two of our amazing sportswomen.

Zahli has experienced incredible success in the swimming pool this year. She was age champion at our school swimming carnival in February, and again at our Upper Hunter Zone carnival. She achieved entry into the NSW titles at the Hunter Regional carnival and at State achieved second place in the 100m breaststroke. This enabled her to compete at the NSW all schools carnival, where she competed against the best swimmers from all high schools in NSW, including catholic and private schools. Zahli came third in the 50m breaststroke at this event! However, the national carnival groups' students in age groups 12-14 so unfortunately she will not be moving forward, due to some faster swimmers who are slightly older than she is. We are so proud of Zahli and if she is achieving at this level as a 12 year old we can only imagine there are bigger things to come for her!



From Year 7, to the other end of the schools, Year 12, we are also incredibly proud of Brydie Parker, who has been named as a member of the Australian women's rugby 7 team to compete at the Youth Commonwealth Games in the beautiful Bahamas in July this year. Brydie only started playing rugby two years ago and has risen from strength to strength in the sport, touring with the Australian youth side in the Rugby World Series last year, and now the Youth Commonwealth Games. Brydie's success is a true testament to the importance of setting yourself a goal and believing in your ability to work hard and achieve it. Brydie is definitely one to keep an eye on in our future Australian women's rugby teams!

Congratulations to both these students, we are so incredibly proud of you.

Debbie Vardanega, CHS/Representative Sport Coordinator

Friday 5th May – Year 9 and 10 Boys Touch Football



Both the boys and girls Year 9 + 10 touch football teams took to the park to compete against other schools around the Newcastle and hunter area. The teams versed all other teams in their pool for a chance to progress to the final play offs. The teams were assisted by some of the Year 11 SFR and SLR students who were putting their coaching skills to good use.

We came up against some tough opposition on the day and came away with a win and some narrow losses, which unfortunately put the boys team out of competing in the finals. All the boys worked tirelessly and gave it their all... earning a big rest on the drive home!

Thank you to the parents who assisted in transporting the teams down to Newcastle for the day, it's great to have your continued assistance and support. A big thank you also goes out to Paddy and Finlay McTaggart who came down to referee for the day!

Monday 8th May – Opens Boys soccer, Round 3 v Maitland Grossman



“Striving for excellence in a school that cares”

Opens Boys soccer, Round 3 v Maitland Grossman - Cont'd

After a few tough rounds and close games, the Opens Boys soccer team progressed through to Round 3. Their opponents were Maitland Grossmann, who have had a lot of success in this tournament over the last few years. This would make for tough competition for the boys.

With our team consisting of a mixture of boys from Year 9-12, some of which not having a soccer background, the boys played hard from the start till the finish. The Maitland Grossmann team had a bit of experience over some of our boys and played a solid game to take home the win.

The Muswellbrook boys battled all the way to the end and should be pleased with their efforts, with some great soccer skills demonstrated at times during the game. Thank you to the parents who assisted in transporting the boys down to Metford for the game, these opportunities aren't possible without your continued help and support.

Girls Touch Football



On Friday May 5th 2017, the Year 9 and 10 Girls Touch football team travelled to Newcastle to compete in the Year 9 and 10 touch football competition. The girls had to endure four games before finding out if they had made it into the finals. Game 1 saw the girls defeat St. Joseph's 5-0, however, the girls were defeated in game 2, 6-0 by the State Championship team of Tomaree High School. Game 3 saw the girls defeat Rutherford Technology 6-0 and defeat St. Joseph's again 4-1 in game 4.

After the completion of the four rounds, our team placed 2nd in their pool, meaning they advanced to the Quarter Finals and faced St. Pius X Adamstown. Unfortunately, the girls were defeated 3-1, which knocked them out of the competition. The girls worked extremely hard and communicated well as a team, they should be commended on their efforts during the day.

Muswellbrook High School would like to thank the parents who assisted with driving students to the venue and back home again, your support is greatly appreciated.

CHS Rugby League

Congratulations to the U14s Rugby League team who travelled to Thornton to compete in the Buckley Shield Competition on Wednesday, 3rd of May. The team showed excellent skill and sportsmanship throughout the entire day. The boys won 10-6 against Maitland Grossman, 26-14 against Glendale and 28-0 against Cessnock. Unfortunately, the boys came up against a strong and big Hunter River team who defeated us 14-0. It was a great effort considering a large amount of the team was made up of Year 7 students who will be eligible to play again next year. A huge thankyou to the parents that supported the school by providing transportation so early in the morning.



Biology and Senior Science Fieldwork

Year 11 and 12 Senior Science and Biology classes made the annual pilgrimage to the Redhill Environmental Education Centre at Gulgong in Week 2 to complete their mandatory fieldwork.

Our first day was spent collecting biotic and abiotic field data from the ecosystem at Munghorn Gap, on the boundary of the Great Dividing Range. The team at Redhill lead the students through a variety of activities, efficiently and effectively, and beyond the scope of what can be offered at school.

On the second day students completed their water testing and those more adventurous went further into the unknown, downstream to find the spectacular but peaceful settings along the Goulburn River.

We stopped to admire the basalt columns at Battery Rock on the way out and Wiradjeri art "Hands on Rock" near the Drip Gorge on our way home.

This overnight excursion is a highlight of the school year because of the fantastic experiences we have principally at the Drip Gorge. The students were excellent ambassadors for the school and we remain welcome and acknowledged as one of a few high schools that take full advantage of this opportunity. Ms Wendy Wales & Mr Jeff Patrick

News From Gold Class

During the January holidays Mr Taylor prepared a plot at the school farm in preparation for the GOLD class vegetable garden. I purchased an assortment of vegetable seedlings from Bunnings at Singleton. In term 1, GOLD started work on their vegetable garden. They divided the plot into different sections and selected where each vegetable would grow best. They planted several varieties of tomatoes, including Roma and cherry. They also planted spinach, silverbeet, beetroot, celery, capsicum, spring onions, lettuce, cabbage and rhubarb.



They visit and work on their plot every Tuesday during Community Access. Of course weeding is the main activity, along with staking and tying up tomatoes. Once the plants mature students are harvesting the vegetables. They also love collecting the eggs in the chook pen .

The vegetables have been growing wonderfully, especially with the great rain we had in March. We have used some of the produce in our cooking classes. The Spanakopitas were a big hit. The students were eating spinach and loving it. Students even took a couple for Ms Bate to taste. It won't be long till the cabbages, spring onions, rhubarb and tomatoes are ready. GOLD class have recipes ready to put those vegetables to good use.



PBL—Positive Behaviour Learning

Winners of \$50 vouchers for Term 2 are:

Week 2: Koby Bellamy Yr 9

Week 3: Harry Lacey Yr 7

CONGRATULATIONS

CAREERS



Past Students – Bethany and Olivia Bray

The University of New England (UNE) Open Day was held Friday 5 May, Muswellbrook High School students travelled with Scone High Students (and Mr Borg) to the University for a busy day of tours, campus activities and a very warm welcome by university staff and students. Students had access to shuttle buses, which operated around the accommodation colleges and academic campus all day, to bring students to a variety of tours and workshops within faculty areas. A few students had exciting adventures 'getting lost', but all found their way back to the bus by our departure time!

Many people on the day, commended students on their behaviour and attitude. I was very proud to travel with our students and to meet with past Muswellbrook High students, who came looking for our bus to meet up with us!



Current and past Muswellbrook High School students came together at UNE's Open Day – Friday 5 May 2017. Our past students (in this photo-Kyle Hilbig and Riley Collins) were proud to assist current students and to introduce them to Uni life!

CAREERS - Cont'd

We have another very busy Term ahead, with the **Muswellbrook High School Careers Day**, which will be held on **Wednesday 31st May**. There has been great interest from both local small businesses together with larger industries and training providers. Students will be advised of further details, closer to the date, but it is shaping up to be a great day, filled with relevant and accurate information for our students, whether they are looking at finding employment, further training or are simply unsure of their plans for the future.

Some upcoming events for our students (further details will be provided closer to the dates):
 HSC Seminar Day – 26 May (Year 12 students – organised by Mrs Vardanega/Year Advisor)
 Year 12 Student/Principal Interviews
 ‘Back to the Brook’ – (past students of Muswellbrook High School)
 Newcastle University Open Day – 29 June

At the beginning of each month, students will find information regarding, training, scholarships, workshops, or educational opportunities placed out the front of the Careers Staffroom. Please check this noticeboard regularly so that you don't miss out on opportunities for life!

Students in all year groups are encouraged to look at the new ‘Career Hub’ in the Hub for career and training information, the brochures and booklets available there may provide you with a career pathway for the future. All students are welcome to come and speak to Mrs McDonald in the Careers Staffroom for further information.
 Mrs McDonald

Muswellbrook & Upper Hunter



The Muswellbrook & Upper Hunter Eisteddfod is soon to commence with

Instrumental & School Bands on Friday 19 May and Saturday 20 and Sunday 21 May;
 School Choirs on Friday 26 May;
 Vocal Division is on Saturday and Sunday, 27 & 28 May;
 Speech, Drama & Public Speaking from Monday, 5 to Friday, 9 June;
 Piano is on Saturday 24 and Sunday 25 June;
 Dance on Saturday, 1 to Wednesday, 5 July

The Creative Writing Division is open for entries until 5pm, Sunday 9 July.

Volunteers are an integral part of a successful Eisteddfod each year and we would like to invite you to join our band of volunteers to assist with the many and varied activities needed for each Division. A Working With Children check as a volunteer is required (at no cost) and we can assist you in obtaining this, or you may already have one.

Please contact Adrienne Casey, acasey@sqgs.nsw.edu.au or `phone after hours on 0427102264 for further information.

**Attention all Year 9-12 students
interested in Technology**

Book Your Seats Now!!

Tuesday 16 May 2017

BiG Day In™ at

The **ACS Foundation** and **University of Newcastle**,
are delighted to invite you and your students along to the

BiG Day In IT Careers Conference

in the **Great Hall** on **16 May 2017**

9am – 2:30pm

Join us to hear leading speakers from companies including **Microsoft, Adobe, Greater Building Society, nib, WiseTech Global** & more, talking about the future of technology and how students can get involved in shaping the future. Hear from cool industry speakers & visit exhibitor stands to learn about where a career in IT can take you – don't miss out, book your seats early!

**Tickets: \$10 per student –
(morning tea provided for all
attendees).**

Any queries, contact kerrie.bisaro@acsfoundation.com.au or 02
8296 4444

www.thebigdayin.com.au

NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

This year the program has been adjusted.

In 2017 the following vaccines will be offered:

YEARS	VACCINE	NUMBER OF DOSES	DATE
Year 7	Human papillomavirus (HPV) vaccine	2-doses in 2017 at least 6 months apart*	1 st dose 23/2
	Varicella vaccine (chickenpox) – catch-up	Single dose	23/2
	Diphtheria-Tetanus-Pertussis (whooping cough) vaccine	Single dose	19/10
Years 11-	Meningococcal ACWY vaccine	Single dose	11/5

** The second dose of HPV vaccine is being delayed to later in the year (at least 6 months after the first dose) to allow the recently-announced Meningococcal ACWY Vaccination Program to be offered to students in Years 11 and 12 from Term 2 when the second dose of HPV vaccine is usually given. There is no harm for Year 7 students in delaying the second dose of HPV vaccine and further advice for parents will be provided later in the year regarding HPV course completion.*

Parent Information Kits that included an information sheet, consent form and privacy statement were sent home to parents/guardians and should have been returned. If your child did not receive the consent form (Year 7 in February, Year 11 and 12 in May), please contact the school by phone.

Please note that students who commence HPV vaccination in school clinics in Year 7 but do not complete the course during the school year may be offered catch-up doses at school in Year 8. **Students who have any HPV doses at their GP will be advised to complete the course with their GP.**

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

A Record of Vaccination will be provided to each student vaccinated at each clinic as a physical card. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.



Upper Hunter AECG Invitation

*Please come along to and join us for
Upper Hunter AECG meeting for 2016*

When: Wednesday 24th May 2017

**Where: St James Primary School
Skellatar Stock Route, Muswellbrook.**

Time: 4.00pm

Agenda Items

- ◆ Previous Minutes
 - ◆ President & Treasury Report
 - ◆ Training Opportunities
 - ◆ Business Arising
 - ◆ School Reports
 - ◆ Next Meeting
-

***Our AECG's focus is on communities having input into Aboriginal Education.
We strive to empower our communities to become involved in all levels of Education
& Training for the positive effect this can have on our students.***

To find out further information or to RSVP please contact

Raylene Price - Secretary of UH AECG raylene.price1@det.edu.nsw.au

Phone: 0407 216 648 or President Lynette Bradley on

lynettebradley8@bigpond.com

Talking points for ABSTUDY

ABSTUDY

ABSTUDY helps with costs for Aboriginal or Torres Strait Islander Australians who are studying or doing an Australian Apprenticeship. You may be able to get ABSTUDY if you are:

- an Aboriginal or Torres Strait Islander Australian
- enrolled in an approved course or apprenticeship, and
- not getting any other government help to study or do an apprenticeship or traineeship.

The ABSTUDY eKit

The ABSTUDY eKit is now live on the DHS website. The eKit is designed to help raise awareness of ABSTUDY and you can find the latest version at humanservices.gov.au/abstudyresources

We know organisations play a critical role in providing information about ABSTUDY to students and their families, so the following resources have been designed as a supporting tool to help with their work.

This eKit includes the following resources to help get ABSTUDY information to parents, guardians, students and the community:

- mp3 audio file of ABSTUDY radio commercial
- ABSTUDY Videos on YouTube
- ABSTUDY talking points
- ABSTUDY newsletter article
- ABSTUDY reference guide
- 2 A4 self-print posters
- 6 self-print flyers

Applying for ABSTUDY

To claim, call the ABSTUDY line on Freecall™ **1800 132 317**. You can submit supporting documents online at humanservices.gov.au/submitdocumentsonline

If you can't claim over the phone, you can get a claim form at humanservices.gov.au/abstudy

How long it takes to assess your claim depends on how complex your situation is.

Get in early and submit your claim up to 13 weeks before you start your course or apprenticeship.



Where there's a Will invites everyone from the Aberdeen community to join us for an information session on Monday 29 May 2017 at Aberdeen RSL Club to find out:

Who we are

How we are working to improve mental health and reduce suicide across the Upper Hunter

What's happening in your town and schools

Opportunities to complete Mental Health First Aid

How you can get involved

What's coming up

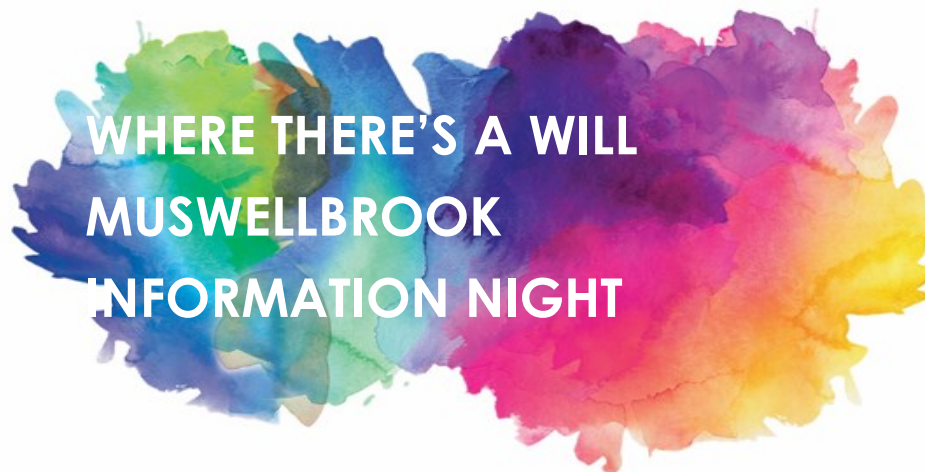
DATE: Monday 29 May 2017

TIME: 6.00PM

LOCATION: Aberdeen RSL Club – 23 Moray Street ABERDEEN

For more information please contact:

Jaclyn – 0435 620 114 or info@uhwheretheresawill.com.au



Where there's a Will invites everyone from the Muswellbrook community to join us for an information session on Wednesday 24 May 2017 at Muswellbrook Public School to find out:

Who we are

How we are working to improve mental health and reduce suicide across the Upper Hunter

What's happening in your town and schools

Opportunities to complete Mental Health First Aid

How you can get involved

What's coming up

DATE: Wednesday 24 May 2017

TIME: 6.00PM

LOCATION: Muswellbrook Public School – Roger Street MUSWELLBROOK

For more information please contact:

Andrea Burns – 0438 130 872 or info@uhwheretheresawill.com.au

MUMS! DADS!

iDrive – Youth Driver Training

iDrive is offered to all Probationary and Fully Licensed Drivers between 16-26 years of age. Learner drivers will need to be accompanied by a fully licensed driver at all times during the course.

This program will produce a driver who is more aware of their ability and can set safe limits. Our students learn how to improve their ability to self-assess and therefore be more aware of the need to continually evaluate their driving standards on all public roads.

iDrive consists of practical training, which is re-enforced with strong, factual and interesting theory. The drivers spend much of the day in the car (their own or mum and dad's) and experiencing the training first hand. Instructors are always close by, coaching each person individually and as a group.

iDrive is tailor-made around each student's limitations during the day we steadily help them overcome them. The experiences and level of competency of a "P" Plate driver usually differ greatly in regard to the driver who just got their "L"s three weeks ago. At the conclusion of training, drivers have been brought up to standard that will assist in greatly reducing the risk of them ever being involved in a preventable accident.

iDrive focuses on prevention, planning and technique – NOT CURE!



Remember

- Just moving from L's to P's increases your child's chance of crashing by 30 times!
- 592 people died or were seriously injured on country roads last year!
- Driving after being awake for 17 hours is like driving with a BAC of 0.05%!
- Driving while using a mobile phone is equivalent to driving with a BAC of 0.08%!

Driving Life Skills Australia
Rod Hirst

Rotary Club of Denman

P: 0419 472 079

E: rodhirst@exemail.com.au

www.drivinglifeskills.com.au

YOUNG DRIVERS 16 TO 26!

iDrive – Youth Driver Training

Driving Life Skills Australia is proud to deliver the iDrive – Youth Driver Awareness Program in Denman!

Learn how to control your own vehicle with professional trainers!

Bust the myths behind driving!

Understand how to stop safely in an emergency!

Learn crash avoidance techniques!

Learn in a safe controlled environment in your own car!

Bookings are limited.



You Will Learn

- What your car CAN do.
- What your car CAN'T do.
- The TRUTH about driving.
- What most drivers DON'T know about driving.
- To drive through a slalom course.
- Perform emergency braking.
- How to avoid obstacles in your own car.
- How to keep your licence.

Driving Life Skills Australia
Rod Hirst

Rotary Club of Denman

P: 0419 472 079

E: rodhirst@exemail.com.au

www.drivinglifeskills.com.au

Responsibility. Safety. Attitude.

idrive@drivinglifeskills.com.au

Phone: 0439 103 113

Enrolment Form



Congratulations on selecting the iDrive - Driver Safety Awareness Program!
Please fill in all details of the form and return to the iDrive coordinator or
Driving Life Skills Australia, P.O. Box 207, Happy Valley, SA 5159 or
scott.bornholm@drivinglifeskills.com.au. Your details will remain private and
confidential and will never be used or sold for any marketing purposes.

iDrive – Driver Awareness Day

Name: Gender: Male Female

DOB:

Address:
.....

Licence Number: Licence Expiry Date:

Email:

School/Community:

Contact Phone:

Year Level: Registration Number:
(of vehicle to be used)

Your personal information will be securely stored by Driving Life Skills Australia and can only be accessed by the DLSA Director or DLSA Human Resource Officer. You may request a copy of your information at any time by writing to 'Driving Life Skills Australia, P.O. Box 207, Happy Valley, SA 5159. This information is collected within accordance to Australian legislation requiring all certified vehicle trainers to collect participants' details and keep on record for auditing purposes.

Responsibility, Safety, Attitude.
idrive@drivinglifeskills.com.au
Phone: 0439 103 113

Enrolment Form



iDrive – Driver Awareness Day INFORMATION FOR PARTICIPANT/PARENT/GARDIAN Consent Form to Participant/Parents/Gardians

I give permission for myself/my child
to take part in the iDrive - Driver Awareness Day on (date/s)
held at

I have read the following and included where necessary that:

- ✓ I understand that a roadworthy vehicle must be provided and a qualified supervising driver must attend if my child holds a learner licence.
- ✓ I agree to meet the costs associated with any emergency arrangement made by the teacher/coordinator in charge.
- ✓ I agree that the student will be under the authority of the school/coordinator for the duration of the excursion, and that the teacher/coordinator in charge is authorised to return the student home at the expense of the parent/guardian if the teacher/coordinator in charge considers that circumstances warrant such action.
- ✓ I the parent/guardian agree to the student travelling by private car.
- ✓ I have provided information about current medical requirements and/or other needs of the child relevant to the activity.
- ✓ I understand that although all due care has been taken there are risks in any practical sessions and consequently I do not hold Driving Life Skills Australia, instructors, or coordinators responsible for any incidents that may arise.
- ✓ I have provided my day telephone contact number to the school/coordinator.

I have read the attached information regarding the iDrive Training and understand what it contains.

Full name of Participant/Parent/Guardian (please print):
.....

Signature of Participant/Parent/Guardian: Date: / /

Include, if appropriate -

The cost of the training day will cost \$.....

I agree to the costs involved with the training day.

I have enclosed \$..... to be given to the training coordinator and processed prior to the training day.

I **do / do not** consent to photographs or video of myself/my child being displayed in print media or social media or the website of Driving Life Skills Australia or event sponsors.

Signature of Participant/Parent/Guardian:

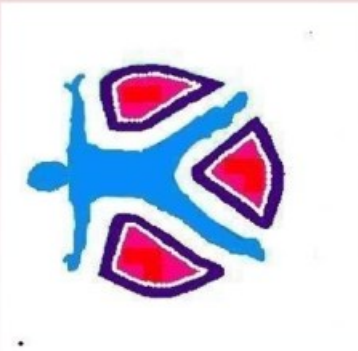
Date:.....

This form requests information about students which will be held by the school, coordinator, and Driving Life Skills Australia. This information may be disclosed to government or private medical or para-medical staff and other relevant officers in the event of an accident or emergency where necessary. The information provided will not be used for any marketing or promotional purposes. The information is collected as a lawful administrative function of the implementation and facilitation of the iDrive -Driver Awareness Day.

Upper Hunter Youth Services Inc - Youth Centre MAY CALENDAR 2017

Open Wed-Fri 3pm –6pm Free Bus run provided Domestic and Family Violence
School Holidays Tues – Fri 11am-3pm Focus of the month: prevention month.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Physical Activity Ball games on the lawn.	4 Art Canvass painting.	5 Team Work Girls turn for helping with afternoon tea.	
	8	9	10 Community Awareness Youth talk on DOMESTIC VIOLENCE	11 Life Skills Meal Planning	12 Craft Making mothers day cards	
	22	23	17 Team Work Boys turn for helping with afternoon tea.	18 Physical Activity Hand ball challenge.	19 Health/ Wellbeing Looking at warmer Winter snacks that are healthy	
	29	30	24 Physical Activity Touch football on the lawn.	25 Life Skills Budget and Costings	26 Self esteem Saying NO to body shaming.	
	31 Domestic and Family Violence Prevention month					



Located at
The Showground,
Maitland Street
PO Box 628
Muswellbrook NSW
2333
Phone: (02) 65434841
Fax: (02) 65425443
Email: kholman@uhys.org.au








Located at
The Showground,
Maitland Street
PO Box 628
Muswellbrook NSW
2333
Phone: (02) 65434841
Fax: (02) 65425443
Email: kholman@uhys.org.au



Upper Hunter Youth Services Inc - Youth Centre

JUNE CALENDAR 2017

Open Wed-Fri 3pm –6pm Free Bus run provided
 School Holidays Tues – Fri 11am-3pm Focus of the month: ‘ Homelessness’

Mon	Tue	Wed	Thu	Fri	Sat
			1 Creative Arts Painting – Homelessness theme	2 Group Activity Sport activity on the grass.	
		7 Games/Activities Board games challenge	8 Health/Wellbeing How can we help keep germs away?	9 Life Skills Food preparation - Basic hygiene tips.	
		14 Craft Activity Make your own craft creation.	15 Physical Activity Handball challenge.	16 Creative Arts Canvass painting	
		21 Social Skills Appropriate use of Social media.	22 Community Awareness " Vinnies Sleepout "	23 Health/Wellbeing Keeping warm. Tips to beat the cold.	
		28 Group Activity Friendly game of UNO	29 Self Esteem What it takes to be a good Friend.	30 Physical Activity Touch football on the lawn.	



Muswellbrook Amateur RSL Youth Swimming Club
2017 Clinic with Ken Malcolm



Saturday 10th June 9am to 4pm
 & Sunday 11th June 9am to 4pm (may finish earlier)

Muswellbrook Aquatic & Fitness Centre
 Wilkinson Ave, Muswellbrook, NSW

Clinic cost \$50 per swimmer
 plus daily pool entry payable on the day (\$5 per swimmer, \$2 spectator fee)

Terms and Conditions:

EQUIPMENT: All swimmers are to bring normal swim training equipment including swim cap, goggles, kicking board, pull buoy, flippers and water bottle.

PARENTS CODE OF CONDUCT: For safety reasons and as a courtesy to our coaching staff, parents are not to approach coaches during the sessions. In between the coaching sessions and during the education sessions, questions are encouraged.

PHOTO POLICY: Photos will be taken and used in the promotion of Swimming Clinics, if you do not want your child in any photos to be used for promotional material please tell us.

PAYMENT / REFUNDS: All bookings and payments are to be made via cash, cheque or direct deposit by Friday 26th May. Strictly no refunds or credits available due to cancellations. Should the organiser not receive a minimum number of bookings, the event will be cancelled and fees refunded to participants.

Please make all cheque's payable to *MARSL Youth Swim Club* or deposit into *Regional Australia Bank, Muswellbrook*

BSB 932 000

Acct 737 199

(Please put child's name and clinic in reference statement).

Athlete Medical History:

Medical Condition	Status		Comments	Medications
Diabetes	Yes	No		
Asthma	Yes	No		
Respiratory	Yes	No		
Allergies	Yes	No		
Blood Pressure	Yes	No		
Operations	Yes	No		
Other Medications	Yes	No		
Medication Allergies	Yes	No		
Epilepsy	Yes	No		

Outline any special dietary requirements (eg. non-dairy, vegetarian, restricted foods, etc)

Any Team Member with an existing medical condition must bring a letter from his/ her Doctor regarding the treatment of this condition to squad/ tour events.

- *Medication brought to the clinic by an individual should have the member's name, dosage and dosage time clearly marked. The team member should advise the Clinic organiser at the commencement of the clinic.*

Consent for Medical Assistance

In the event of any accident or illness I authorise the obtaining on my behalf of such medical assistance as my child/ward or I (if over 18) may require.

I agree to delegate my authority to all MARS� Youth Swimming Club committee members, clinic coaches and Muswellbrook Aquatic Centre staff, who may take disciplinary action deemed necessary to ensure the safety, well being and successful conduct of athletes as a group, or individually.

I authorise all MARS� Youth Swimming Club committee members, clinic coaches and Muswellbrook Aquatic Centre staff to obtain medical assistance for my child at their discretion in the event of illness or an accident and agree to pay for all medical expenses incurred on behalf of the above athlete.

I further authorise qualified practitioners to administer anaesthetic if such an eventuality arises.

I acknowledge that all medication is to be reported to staff. Staff will determine whether they will allow the athlete to keep possession of the medication for the duration of the clinic.

I submit the above medical information and include details of limitations, which my child may have.

I agree to give updated medical information prior to the clinic if needed, to keep the information on this form accurate.

7. Note: It is the responsibility of the parents'/ guardians to ensure that the athlete is adequately covered for medical Hospital, Dental and Personal Accident & injury Insurance. Muswellbrook Amateur RSL Youth Swimming Club cannot accept financial liability for any of these expenses.

By ticking this box I am indicating that I am signing this form and verify that the contents of this form are true and accurate. If I am under the age of 18, my Parent/Guardian will tick this box, therefore signing this form and verifying that the contents of this form are true and accurate, on my behalf.

Muswellbrook Amateur RSL Youth Swimming Club contact details— Belinda Stephens M: 0428 473 788

Email muswellbrookswimming@gmail.com

Postal address: PO Box 200, MUSWELLBROOK, NSW 2333

Muswellbrook Aquatic & Fitness Centre

P: 65 412 999



**Muswellbrook Amateur RSL Youth Swimming Club
2017 Clinic with Ken Malcolm**



Registration Form

Personal Information

First Name _____ Last Name _____
 Address _____
 Post code _____ Phone / mobile: _____
 Sex Male / Female Date of Birth _____
 Club _____ Age _____

Emergency contacts (next of kin)

Emergency contact 1

Name _____ Phone (home) _____
 Mobile _____ Phone (work) _____
 Email _____
 Relationship _____

Emergency contact 2

Name _____ Phone (home) _____
 Mobile _____ Phone (work) _____
 Email _____
 Relationship _____

Payment Type (non-refundable)

Cost: \$50.00 per swimmer

Cash Cheque Direct deposit
 Cheque number: _____ Direct deposit receipt number: _____

Consent

By ticking this box I am indicating that I am signing this form and verify that the contents of this form are true and accurate. If I am under the age of 18, my Parent/Guardian will tick this box, therefore signing this form and verifying that the contents of this form are true and accurate, on my behalf.

Name: _____ or Parent/Guardian name: _____
 Signature: _____ Parent/Guardian signature: _____
 Date: _____

Muswellbrook Amateur RSL Youth Swimming Club must receive all registration forms and payments by Friday 26th May 2017.



Experience It! Student Conference 2017 Sydney Women in Engineering



DATE & TIME

Tuesday 4 July
8:10am to 3:30pm
Expo open until 4pm

VENUE

Auditorium, Building EE,
Western Sydney University -
Parramatta Campus

COST

Free, Lunch included.

REGISTER NOW Registrations
and WIE Rural Scholarship
applications close on Tuesday
13th June or earlier if full.

REGISTER ONLINE

<https://engineersaustralia.wufoo.com/forms/12206m3036am47/>

HOSTED BY:



WITH **WESTERN SYDNEY UNIVERSITY**



Would you like to know more about engineering and what you can do as an engineer?

If you like designing solutions to problems, want to contribute to society and make a difference to the world, come see what engineering is about at the *Experience It!* student conference.

What you will do?

It will be a day of fun, interactive and hands-on workshops and team-based activities, exploring the peculiar and bizarre applications of engineering!

Hear from current engineering students and our industry representatives, learn what careers and opportunities are available to you and be inspired by their journeys and achievements.



also get to work as a team in challenges to win some great prizes!

Who is this for?

This conference is aimed at NSW high school girls in Years 8-10. **No prior engineering, maths or physics experience is required** and students will have the opportunity to do workshops based on their areas of interest. You'll

Do you live or go to school more than 100 km from our venue? You may be eligible for our Rural Scholarship to offset the cost of travels, please apply on the registration webpage.

For further information contact:

Email: sydwie_events@engineersaustralia.org.au

Facebook: <https://www.facebook.com/events/259322974517834/>

Important Information

Facebook— [facebook.com/mbkhigh](https://www.facebook.com/mbkhigh) (Our Official Facebook Page)

SMS text messaging – Daily attendance of your child is sent to your family mobile number. This can also be used for important information regarding parent teacher meetings, issue of reports etc. The school SMS number is: **0427 016 460**. Please add this as a contact in your mobile phone. You CANNOT phone this number, please phone using 65431033. You may send a text message at any time to this number to explain your child's absences. Please let us know if you have any problems with this texting service.

Email – The school newsletter is distributed via email to as many families as possible, approximately twice a term. If you have an email address that you use regularly, please contact the school.

Websites – www.muswellbro-h.schools.nsw.edu.au. The school website holds a great deal of information and is a useful place for you to find out what is happening at school.

Millennium – The Millennium website contains all of your child's school information. This includes attendance, school reports, assessment tasks, timetables, behaviour information.

Families are able to see the whole family at a glance with your private login. This will be sent to you via an email if you have one listed with us, if not please phone the office with a current email address.

Students can also access this site through a separate login.



Upcoming Events 2017

26 May 2017	HSC Seminar Day
31 May 2017	MHS Careers Day
29 June 2017	Newcastle University Open Day