



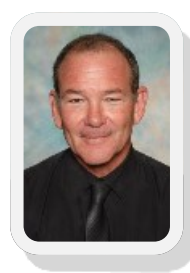
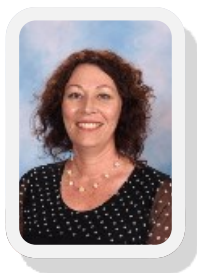
Muswellbrook High School



"Striving for excellence in a school that cares"

NEWSLETTER 7

22nd June 2016



Principal Report

Star Struck

Our talented students continue to make a name for themselves and in doing so, promote Muswellbrook High School.

Congratulations to Brady Cavanagh, Sophie Scriven and Stephen Davis for their performances at Star Struck, a musical extravaganza which highlights the talents of our students in the Hunter Region. The performances were held on the 17th and 18th June at the Newcastle Entertainment Centre.

NAIDOC Assembly

Our NAIDOC Celebrations have expanded this year, thanks to the Aboriginal Education Leadership Team. Our whole school Assembly will feature our Indigenous Dance Troupe, under the careful curation of the Wakagetti Group.

Students in Years 7 to 10 will then have the opportunity to partake in various mini lessons including; a smoking ceremony, didgeridoo music and information, Aboriginal dance, bush tucker and hunting talk and basket weaving. The whole school will be treated to a BBQ at lunchtime. Thank you to all the staff involved in making this a truly unique experience for our students.

End of Term 2

As we rapidly approach the holidays, I would like to thank the commitment of our dedicated staff in completing the reporting process. Reports will be distributed to students by the conclusion of the Term. Reports provide an opportunity for Parents, Caregivers and students to reflect on the learning for Semester One. Areas of improvement will always be a focus of the reports to enable students the opportunity to improve their learning for the end of Year report. If you would like to discuss your child's report in greater detail, then I encourage you to attend the Parent Teacher Evenings or to make direct contact with the teacher involved or the relevant Year Advisor. As a school, our core business is to maximise each child's learning potential and we look forward to working with the home to ensure this happens.

All the very best Yr. 12 with your HSC Trial exams - you can do it!

Ms E Bate
Principal




**Located at
The Showground,
Maitland Street
PO Box 628
Muswellbrook NSW
2333
Phone: (02) 65434841
Fax: (02) 65425443
Email: yaw@uhys.org.au**



Upper Hunter Youth Services Inc - Youth Centre

JULY CALENDAR 2016

Open Wed-Fri 3pm –6pm Free Bus run provided
School Holidays Wed – Fri 11am-3pm Focus of the month: NAIDOC WEEK

Mon	Tue	Wed	Thu	Fri
School Holidays Youth Centre open 11am-3pm				
9 COMMUNITY 	6 YOUTH EXCURSION SNOW TIME Hunter Valley Gardens	7 GAMES/ACTIVITIES Pool competition	8 SELF ESTEEM Having Fun with hair designs	
12 COMMUNITY AWARENESS NAIDOC WEEK July 4th-10th Aboriginal Art Drawing	13 COMMUNITY AWARENESS Visit to St Vincent De Paul	14 YOUTH EXCURSION GRAVITY X Trampoline Park	15 CREATIVE ARTS Making new pool table covers	
	20 LIFE SKILLS Sharing cooking tips.	21 CREATIVE ARTS Continuing to create our Aboriginal picture.	22 GROUP ACTIVITY Crazy Hair Day	
	27 CREATIVE ARTS Rearranging our Youth Centre	28 GROUP ACTIVITY Badminton on the Lawn	29 SELF ESTEEM White Ribbon Day	

muswellbrookhighcareers.com



We have just launched a Muswellbrook High Careers website

<http://muswellbrookhighcareers.com/>

- UAC/VTAC/QTAC
- VET
- The LATEST news and events
- A CAREERS Calendar of school and state wide events
- Students can create their OWN PROFILE
- Students can create their own CAREER AND TRANSITION PLAN
- Parents and students can REGISTER for updates via email on career areas
- Work Experience
- Interest Tests
- Find a Job
- Choose a University
- Gap Year
- Create a resume, cover letter, digital portfolio
- Mock/practice online job application
- Defence Careers
- Youth Allowance
- Numerous videos

Mr Tony Borg
Careers

www.muswellbrookhighcareers.com

We've put together a new website.

UAC/VTAC/QTAC

VET

It's a "One Stop Shop" for everything you need with Career Planning and help.

LATEST NEWS AND EVENTS

CHECK IT OUT NOW!

WORK EXPERIENCE

Tony Borg

Careers Teacher

DO AN INTERESTS TEST

FIND A JOB

CHOOSE A UNIVERSITY

GAP YEAR

CREATE A RESUME

DEFENCE CAREERS

YOUTH ALLOWANCE



THE BEST WAY TO PREDICT THE FUTURE IS TO CREATE IT

Deputy Report

It has been very encouraging to read all of the students' Half Yearly reports in readiness for them to be delivered home in the coming weeks. It is clear from these reports that our students are engaging in their learning in a variety of ways and are continuing to extend their learning.

Some students, however, can have issues in completing coursework, assignment work etc. and may be being assisted in this by their teachers. If this assistance has not been effective, then the teachers will be in contact with you (the parent/carer) either via the phone or via the process below.

This process is the same as that for Stage 6 (Year 11 & Year 12). In Stage 4 (Year 7 & 8), a letter of Concern will be sent home to encourage some contact with the school about learning in classrooms. Please take these opportunities to assist your child in meeting deadlines and working with their teachers towards a positive outcome.

In Stage 5 – Year 9 & Year 10

I have taken this from the Stage 5 Assessment Booklet, which can be found at:

<http://www.muswellbro-h.schools.nsw.edu.au/curriculum-activities/assessment-schedules>

This letter might come as a slight shock, as it is extremely formal in its nature. This letter has been developed by the NSW Board of Studies and Educational Standards, which is the body that oversees the NSW curriculum.

If you receive a letter like this, please contact the teacher or Head Teacher to discuss how your child can complete this task.

There are often some very good reasons why a task was not completed on time. If you would like to apply for Illness / Misadventure, please also contact the Head Teacher of that subject area for assistance.

Unsatisfactory Progress by a Student

In the event of unsatisfactory progress in a RoSA Course by a student:

- The class teacher will notify the Head Teacher regarding the unsatisfactory work, absences, failure to complete competencies, failure to hand in specific research, homework or assignments or classwork.
- If a pattern develops and, after discussion with class teacher, continued failure to follow the course / unsatisfactory progress, diligence to work etc. an **Official Warning - Non Completion of a Stage 5 (Years 9 - 10) Course** ("N" warning letter) will be sent home and the student will be expected to complete the task or activities they have missed. The "N" warning letter serves to indicate a need to rectify the situation in order to maintain RoSA eligibility. The class teacher will also contact the parents by phone to discuss the concerns and means to rectify them.

As always, all of this information is available on our school website:

<http://www.muswellbro-h.schools.nsw.edu.au/home>

AND

You are able to access the Millennium Parent Portal:

<http://www.muswellbro-h.schools.nsw.edu.au/parent-student-portal>

Mr Brian Drewe
Deputy Principal

Student arrival and collection protocol

We would like to remind parents and students of the drop off and pick up rules.

We kindly ask parents to refrain from driving up the main driveway to drop off students in the mornings. All gates around the school are open in the mornings and afternoons providing a safer alternative for students.

Collection of students in the afternoon at bell time is **not** to be done through the main driveway as our disabled and support students are required to be collected from our disabled car park. Parents using the main driveway for unnecessary collection of students are contributing to congestion. Students being collected after school should meet parents on the nature strip outside the gates unless they are being collected from sick bay.

Thank you for your cooperation.

Mr Scott Copland
Deputy Principal



Please

DO NOT use our driveway

EFTPOS Available

The office at Muswellbrook High School now has **Eftpos** facilities available for payment of fees and excursions.

Sorry no cash out!



Upper Hunter Eisteddfod

On Wednesday 8th June students from years 7 – 12 competed in the Drama section at the Muswellbrook and Upper Hunter Eisteddfod. This year the event was split into two venues, with the junior secondary section at St James Primary School and the senior secondary section at the Upper Hunter Conservatorium of Music.

Students had worked hard and spent many a recess and lunch rehearsing. The hard work paid off and we had an extremely successful morning, with adjudicators at both venues commenting on the talent and politeness of our students.

Brave year 7 students Emily Dunn and Haylee Charter took the stage in the Duologue in Costume section. They had stiff competition with year 9 students Amy McCamley, Aiden Powell, Kodie Woodeson, Shaun-Patrick O'Donnell, Bianca Davies and Kimberly Canning also competing in the same section. Amy and Aiden wowed the adjudicator and were successful in winning the section with their performance titled "A Proper Little Nooryeff".

Sophie Scriven and Eadie Limon competed in the senior secondary Duologue section and received a Highly Commended for their strong performance of "Split Down the Middle".

Several students had the courage to perform solo on stage competing in the Monologue section. Emily Dunn performed in the junior section. We were also well represented by seniors. Rebecca Hogan of Year 11 competed against her Year 12 peers, Samantha Farrell and Kylie O'Connor. Stephen Davies was successful in receiving third place, while his classmate Tamara Kendall took the victory with first place, for her performance of "Boot".

Mrs Hogan's Year 11 class were competitors in the Drama section where they performed a 10 minute play titled "Word Play". The class had lots of fun rehearsing and performing the piece and worked well as a team to deliver an engaging piece of theatre.

It was a great experience for all students to firstly perform for a live audience and secondly to receive valuable feedback from the adjudicator. I have no doubt that many of these students will hit the stage again to try their luck in 2017!

Mrs Hogan CAPA Teacher



Year 10 students Sophie Scriven and Eadie Limon



Year 11 Drama

Year 12 students – Kylie O'Connor, Stephen Davies, Samantha Farrell and Tamara Kendall

SRC Report

This fortnight SRC and Focus students brought out their inner Donna Hay and got to work baking some yummy treats to raise funds through a planned cake stall on Thursday 16th June. The goal was to raise funds for the Vinnies annual CEO Sleep-out and for our local Red Door Community Kitchen.

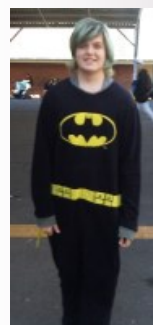
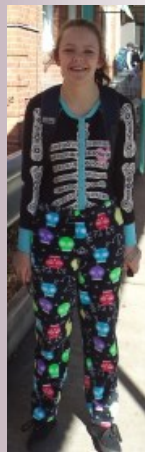
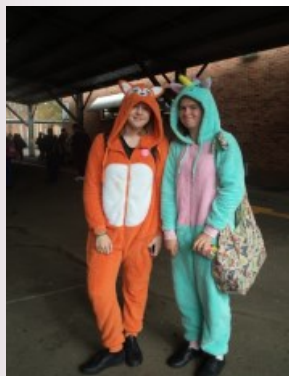
We wanted to help out our Focus students and staff that work tirelessly each fortnight, volunteering their time to work at the Red Door Community Kitchen. Their great work helps the homeless and those less fortunate than ourselves. So the idea for a Pyjama Out of Uniform Day was planned by the SRC and with Focus student teamwork, we held a bake stall to raise much needed funds for these two charities.

The day was an overwhelming success with most of the school dressing in their winter PJs, loads of interesting onesies and dressing gowns. Even our school's Administration staff got on board with matching PJs! We couldn't have raised \$860.00 without the fantastic collaboration and cooking by Focus students and staff. A big thank you to all MHS students and staff that have contributed and participated in this event. We appreciate your support!

Next week eight brave SRC students along with Mrs Byrnes, will literally be out in the cold to participate in the Vinnies CEO Sleep-out, organised by Upper Hunter Youth Services. It should be an interesting time, considering the weather we have been having lately. Our next planned event for this Term is to distribute and collate a student survey to help our P&C with a new canteen menu.

Mrs Katrina Byrnes
SRC Co-ordinator





Positive Behaviour for Learning

P

Winners of the \$50 Big W gift vouchers so far this term:

B

Jorja Boyd
Lachlan Barnes
Stephen Bridge
Gabrielle Barlow
Thomas Pickersgill
Lillian Robinson

L

NEW Bus pass process—Rural & Regional Travel Passes



We wish to inform you that as of the 12 May 2016 bus pass applications will be changing. From 12 May 2016 the School Student Transport Scheme (SSTS) online application will be updated, and all SSTS applications must be completed online via:

www.transportnsw.info/school-students

When selecting the forms you will need to ensure you select the travelling outside the Opal network section. Please note that Opal is NOT in our area.

Once this form is completed online the school will then need to verify it and forward it to:

**Transport for NSW
Parramatta Office
Locked Bag 5085
PARRAMATTA NSW 2124**

Once the application is back with Transport for NSW endorsed by the school they will send a confirmation email to the appropriate local transport company. The local company will create a bus pass which will be handed out by the driver.

If people do not have access to the internet you can call **131 500**.

Use the link below to go straight to the application form

<https://apps.transport.nsw.gov.au/ssts/applyNow>

Muswellbrook District Hospital

NAIDOC Celebration

03-10
JULY
2016



Songlines:
The living narrative
of our nation

Hunter New England Health NAIDOC Committee would like to invite you to our Annual NAIDOC Week Flag raising ceremony, followed by morning tea to be held in the Weidmann Wing of Upper Hunter Community Health

Where: Left of the driveway entrance, Muswellbrook District Hospital

When: 10.30am on Tuesday 5th of July, 2016

2016 NAIDOC Theme

This year the theme highlights for Aboriginal and Torres Strait Islander people, the Dreamtime describes a time when the earth, people and animals were created by our ancestral spiritual beings. They created the rivers, lakes, plants, land formations and living creatures.

Dreaming tracks crisscross Australia and trace the journeys of our ancestral spirits as they created the land, animals and Lore. These dreaming tracks are sometimes called 'Songlines' as they record the travels of these ancestral spirits who 'sung' the land into the life.

These Songlines are recorded in traditional songs, stories, dance and art. They carry significant spiritual and cultural connection to knowledge, customs, ceremony and Lore of many Aboriginal nations and Torres Strait Islander language groups.

Songlines are intricate maps of land, sea and country. They describe travel and trade routes, the location of waterholes and the presence of food. In many cases, Songlines on the earth are mirrored by sky Songlines, which allowed people to navigate vast distances of this nation and its waters.

Yours sincerely

HNEH NAIDOC Committee

Please RSVP by the 29th June to

Amanda Howard 0408 663 243 or

Community Health 0265 422 050

By Tuesday 30th June 2016



Health
Hunter New England
Local Health District

Ungooroo is proud to announce the launch of a dental service for the Singleton & Muswellbrook area.

Ungooroo Aboriginal Corporation in collaboration with Glencore, the Poche Centre for Indigenous Health at the University of Sydney and Hunter New England Local Health District are proud to launch Ungooroo's new dental service. The dental service is currently available on a fortnightly basis at Ungooroo Aboriginal Corporation for Indigenous children 0 – 18 years from the Singleton and Muswellbrook area.

The service has begun with a dental screening program, working together with primary and senior schools from the Upper Hunter Region to build awareness of the service and prioritise children who need urgent dental treatment. The dental screening program involves the dental service coming to the school and conducting a simple dental screening for all Indigenous children who sign a valid consent form which is provided to schools through the service. After the dental screening, a referral form is then sent home to the child's families encouraging follow up treatment at the new dental clinic at Ungooroo. To date, Ungooroo's dental service has worked with Muswellbrook South Public School conducting the dental screening program at the school and follow up treatment for children at Ungooroo. Many other schools in the region are enthusiastic to participate and booked in for the dental screening program. All schools from the Upper Hunter Region are welcomed to participate in the school dental screening program and all Indigenous children aged 0 – 18 years are welcomed to access the new dental service at Ungooroo Aboriginal Corporation, even if they have not received a school dental screening. The Australian Dental Association recommends that children should get their teeth checked by the dentist by their first birthday to get them familiar with dental services and make sure everything is developing normally.

Currently, the dental service is concentrating on our children, youth and school aged students to address their immediate oral health needs in order to promote oral health and prevent future dental and general health issues.

Ungooroo's dental service is a true example of organisations working in partnership to deliver health services to Indigenous people. Glencore have supported the dental service assisting with the purchase of the dental chair and equipment required for the service.

The Poche Centre for Indigenous Health has provided a Dentist and Oral Health Therapist to provide dental treatment, support and sterilisation services. The Oral Health Unit from Hunter New England Health is supporting the program by supplying the instruments required for dental treatment.

The new dental service has been well received by Ungooroo Aboriginal Corporation. Taasha Layer, CEO of Ungooroo Aboriginal Corporation is excited about launching this initiative; she says "it not only addresses a major need in the area but it has created an opportunity of collaboration with businesses working together to assist with 'Closing the Gap' in Indigenous health and addressing oral health issues for our Indigenous youth 18 years and under."



THE UNIVERSITY OF
SYDNEY
—
Poche Centre
for Indigenous
Health

Graham White from the Poche Centre quoted: "We are excited about our involvement in this partnership. The partnership will provide a real opportunity to make a significant difference to address the oral health needs for Aboriginal children in the region."

GLENCORE

"Our Reconciliation Action Plan is based on understanding the needs of Aboriginal communities in the Upper Hunter and delivering programs that address their needs," Glencore's Community Relations Manager, Craig Strudwick, said.

"The dental service has been badly needed in this area for a long time and it is very rewarding to be part of the team that has brought this resource to the area."

Ungooroo Aboriginal Corporation is looking forward to expanding the dental service to provide dental treatment for adults in the near future and for the mean time are excited to provide a range of dental services to Indigenous children and families from the Singleton and Muswellbrook area.



Health
Hunter New England
Local Health District



Further information can be obtained by contacting the office either in person 128 George St Singleton, online at www.ungooroo.com.au or by calling (02) 6571 5111.

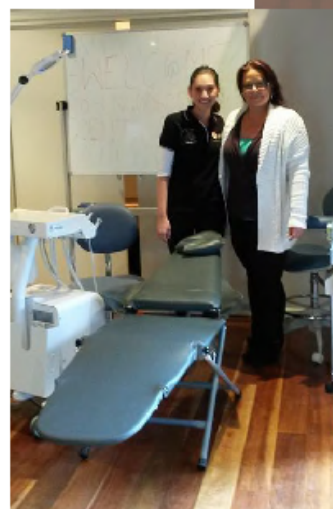
www.ungooroo.com.au



▲ Oral Health Therapist Yvonne Flaskas in the dental clinic at Ungooroo



▲ Dental treatment



▲ Oral Health Therapist Yvonne Flaskas and CEO of Ungooroo, Taasha Layer in the dental clinic at Ungooroo

*Intrepid
Landcare*

LEADERSHIP RETREAT IN THE HUNTER 25TH - 26TH JUNE

SO, YOU ARE UNDER 30, LIVE IN THE HUNTER,
PUMPED ABOUT THE ENVIRONMENT, KEEN TO MAKE A
DIFFERENCE & HAVE FUN. WE WANT YOU!
NOW IS YOUR TIME TO DO STUFF THAT MATTERS.

INTREPID
LANDCARE IS COMING
TO THE HUNTER REGION!
HOSTED OVER A WEEKEND, THE
INTREPID LANDCARE LEADERSHIP RETREAT
WILL BE THE PERFECT PLACE TO DISCOVER WHAT
ADVENTURE IS AWAITING YOU WITH LANDCARE. HEAR FROM
INSPIRING SPEAKERS AND CONNECT TO YOUNG LIKE-MINDED PEOPLE
OVER A JAM-PACKED WEEKEND FULL OF ADVENTURE AND CONSERVATION.
SECURE YOUR SPOT BY APPLYING TODAY. BY THE WAY, IT'S FREE!
APPLY BY SUN 12TH JUNE. VISIT: LAKEMACQUARIELANDCARE.ORG

Proudly supported by



Local Land
Services
Hunter



National Landcare
Program



& Greg Piper MP – Member for Lake Macquarie

Stress and Anxiety in our Senior Students is increasing.

When I work with Year 10, 11 and 12 students I start by asking them two simple questions:

- How do you react when you think of Year 12?
- What message have you received about Year 12?

The answers will not surprise you. Students answer question one with responses such as:

- Fear
- Pressure
- Panic
- Anxiety
- Overwhelmed

It's little wonder that students feel this negatively about the senior years because they tell me the main message they hear about Year 12 is: "It's do or die", "It sets us up for our future".

The Message About Senior School Needs To Change

When our children receive the message that how they perform in the senior years will set them up for their future career, success and prosperity – they are not being told the entire truth - these days there are many different career pathways.

What's more, empowering students to develop the "grit", the determination, the perseverance, the resilience to excel plays a greater role in future success. This is one of the challenges for a parent of a senior student.

This is what's needed - rather than panic about academic results the focus needs to be on the mindset and study skills and habits that will produce personal best performance.

For The First Time Our Face To Face Presentation To Parents Is Free and Live Online

When a school asks us to present to their parents the fee for a 90 minute presentation is over \$2,000.

With over 30 years of combined experience and after working with over half a million families (both one on one and in large groups) we KNOW WHAT WORKS.

The problem is we are completely booked and are not taking new bookings to work with parents or senior students in schools.

Yes, it's a good problem we are completely booked, however, saying no to schools and to parents asking us to help their children is not what we want.

PLUS...we are based in Sydney and we want to help parents and senior students across Australia!

That's why we have decided to present this to parents across Australia for the first time free and live online.

<https://humanconnections.leadpages.co/ss-webinar-june-30-2016/>

Prue Salter AND Rocky Biasi PRESENT...

"How To Support Your Child Through Senior School"

www.studysamurai/parent

June 30 Thursday June 30th at 8pm Sydney Australia Time

Time left until webinar starts...

Claim My Spot Now! »

DAYS HOURS MINUTES SECONDS

We're Going To Show You...

- ✓ Why senior school is creating more stress and anxiety in our children and their families and how to overcome it.
- ✓ How to support your child with technology use.
- ✓ How to establish a success mindset.
- ✓ How to access expert coaching

Presented by **Prue Salter**

With **Rocky Biasi**

IMPORTANT INFORMATION

Facebook— facebook.com/mbkhigh (Our Official Facebook Page)

SMS text messaging – Daily attendance of your child is sent to your family mobile number. This can also be used for important information regarding parent teacher meetings, issue of reports etc. The school SMS number is: **0427 016 460**. Please add this as a contact in your mobile phone. You CANNOT phone this number, please phone using 65431033. You may send a text message at any time to this number to explain your child's absences. Please let us know if you have any problems with this texting service.

Email – The school newsletter is distributed via email to as many families as possible, approximately twice a term. If you have an email address that you use regularly, please contact the school.

Websites – www.muswellbro-h.schools.nsw.edu.au. The school website holds a great deal of information and is a useful place for you to find out what is happening at school.

Millennium – The Millennium website contains all of your child's school information. This includes attendance, school reports, assessment tasks, timetables, behaviour information.

Families are able to see the whole family at a glance with your private login. This will be sent to you via an email if you have one listed with us, if not please phone the office with a current email address.

Students can also access this site through a separate login.



Upcoming Events

21st June	Naidoc Assembly
24th June	Zone Athletics
30th June	Newcastle Uni Schools Day
1st July	Last day of Term 2
19th July	Term 3 commences for all students
19th July	Trial HSC Begins
20th July	Netball Gala Day
27th July	Yr 9/10 Subject Info Day